

## IMPACT OF AUDIT QUALITY ON FINANCIAL PERFORMANCE OF LISTED CONSUMER GOODS COMPANIES IN NIGERIA

#### IZUCHUKWU VIVIAN CHINEMEREM

Department of Accounting & Finance Baze University, Abuja, Nigeria vivian11702@bazeuniversity.edu.ng

## DR. IBRAHIM YAKASAI AMINU

Department of Accounting & Finance Baze University, Abuja, Nigeria

#### DR. JOSEPHINE C. ENE

Department of Accounting & Finance Baze University, Abuja, Nigeria

#### **ABSTRACT**

This study investigated the relationship between audit quality and financial performance of listed consumer goods companies in Nigeria by examining the effects of audit firm size, audit committee size, and auditor tenure on financial performance. An ex-post facto research design was used, relying on secondary data obtained from the annual reports of nine consumer goods firms listed on the Nigerian Exchange Group from 2015 to 2024. Panel regression analysis was conducted to evaluate the relationships between audit quality factors and financial performance, measured as net profit margin. The findings showed that audit firm size and auditor tenure have a significant positive and negative effect, respectively, on firms' profitability, while audit committee size showed a negative but insignificant effect on firms profitability. This study recommends that consumer goods companies employ the services of reputable audit firms, such as the Big 4, to enhance audit quality and financial reporting reliability.

**Keywords:** Audit Committee Size; Audit Firm Size; Audit Quality; Auditor Tenure; Financial Performance

#### INTRODUCTION

Nigeria's consumer goods industry plays a significant role in the country's economy by manufacturing necessities like food, drinks, household goods, and personal care products. These businesses contribute substantially to GDP, provide jobs, and meet the everyday needs of millions of Nigerians (National Bureau of Statistics [NBS], 2023). Operating in a highly visible sector, these firms rely on trust, brand reputation, and financial transparency to maintain market share and investor confidence (PwC Nigeria, 2021).

Audit quality, defined as the ability of auditors to detect and report material misstatements in financial statements, is crucial for financial transparency (DeAngelo, 1981). High audit quality ensures that financial reports provide a true and fair view of a company's financial position, which is essential for stakeholders such as investors, creditors, and regulators (Francis, 2004;



Knechel et al., 2013). In Nigeria, while audit practices are governed by professional standards and regulatory frameworks, concerns persist regarding their effectiveness in enhancing financial reporting quality and performance (Ofoegbu & Ndubuisi, 2024).

The relationship between audit quality and financial performance has garnered significant attention in corporate governance and financial reporting research. Audit quality, characterized by thoroughness, objectivity, and accuracy, influences operational efficiency and market perception (Soyemi et al., 2023). Metrics such as audit firm size, audit tenure, and audit committee size serve as proxies for audit quality (Oladejo & Yinus, 2020).

Financial performance in publicly traded consumer goods companies reflects not only operational success but also reputation, investor confidence, and market competitiveness. This sector is vulnerable to price fluctuations, supply chain disruptions, consumer demand shifts, and input costs (PwC Nigeria, 2021). Performance can be measured using metrics like return on assets (ROA), return on equity (ROE), and net profit margin (NPM).

Prior studies in Nigeria have explored audit quality's impact on financial reporting and performance across sectors, including banking and manufacturing (Lambe et al., 2022; Abubakar et al., 2020; Ofoegbu & Ndubuisi, 2024). However, findings are mixed: some report positive effects (Bakare, 2022), while others find insignificant or negative relationships (Omodero & Ogisi, 2021; Kantudu & Alhassan, 2022). Recent research highlights the need to examine interactions among audit quality components (Shina & John-Akamelu, 2024). Poor audit quality can mislead investors, invite regulatory penalties, damage brand reputation, and impair performance, particularly in the consumer goods sector with its high inventory turnover and sensitivity to consumer perceptions (PwC Nigeria, 2021).

Despite the sector's economic importance, limited studies focus specifically on audit quality and financial performance in Nigerian listed consumer goods firms, creating a research gap. This study addresses this by examining audit quality dimensions (audit firm size, auditor tenure, and audit committee size) and their impact on NPM, while incorporating recent literature to provide fresh insights.

The broad objective is to examine the impact of audit quality on the financial performance of listed consumer goods companies in Nigeria.

Specific objectives are to:

- 1. Examine the impact of audit firm size on net profit margin of listed consumer goods companies in Nigeria.
- 2. Determine the impact of audit committee size on net profit margin of listed consumer goods companies in Nigeria.
- 3. Ascertain the impact of auditor tenure on net profit margin of listed consumer goods companies in Nigeria.



#### LITERATURE REVIEW

## **Concept of Audit Quality**

Audit quality is the extent to which an audit effectively evaluates financial statements and internal controls, ensuring accuracy and compliance with standards (Trianjani et al., 2023). It enhances investor trust, especially in consumer goods where financial clarity supports brand integrity (Ofoegbu & Ndubuisi, 2024). Audit quality provides reasonable assurance against material misstatements from fraud or error, reflecting auditors' competence and independence (IAASB, 2020; Knechel et al., 2021).

## **Concept of Audit Firm Size**

Audit firm size, often proxied by Big 4 affiliation, is associated with higher quality due to resources, expertise, and reputational incentives (Knechel et al., 2021). In Nigeria, Big 4 firms improve misstatement detection and financial reporting reliability (Akinsulire et al., 2022). Omodero and Ogisi (2021) linked Big 4 audits to stronger performance, though market dynamics may moderate this (Shina & John-Akamelu, 2024).

## **Concept of Audit Committee Size**

Audit committee size refers to the number of members overseeing financial reporting (Knechel et al., 2021). Larger committees offer diverse expertise for better monitoring (Akinsulire et al., 2022). Empirical evidence suggests positive links to disclosure and reduced agency costs (Ho & Wong, 2021; Barako, 2020), though size alone may not suffice without expertise.

# **Concept of Auditor Tenure**

Auditor tenure is the duration of the auditor-client relationship (Siregar et al., 2020). Longer tenure enhances operational familiarity but risks independence (Al-Qadasi & Abidin, 2021; Bouaziz, 2020). Nigerian regulations promote rotation to mitigate familiarity threats (Egbunike & Abiahu, 2017). Moderate tenure balances knowledge and objectivity (Matoke & Omwenga, 2022).

# **Concept of Financial performance**

Financial performance reflects a company's ability to utilize its resources efficiently to generate profits, create shareholder value, and sustain operations over time (Omodero & Ogisi, 2021). It serves as a critical indicator of a firm's operational viability, profitability, and overall economic health, particularly in dynamic sectors like consumer goods, which are highly sensitive to shifts in consumer demand, input costs, supply chain disruptions, and market competition (Akinsulire et al., 2022; Ofoegbu & Ndubuisi, 2024). Financial performance encompasses a range of metrics, including return on assets (ROA), return on equity (ROE), earnings per share (EPS), and net profit margin (NPM), each providing unique insights into different aspects of a company's financial success (Ezeani et al., 2025).



The interplay between financial performance and audit quality is particularly relevant in consumer goods, where trust and brand integrity are paramount. High audit quality ensures reliable financial data, reducing information asymmetry and enhancing decision-making for stakeholders (Rashidi, 2019). Recent studies emphasize that firms with strong financial performance are often those with effective governance structures, including rigorous audit processes, which mitigate risks of financial misstatements and improve market perception (Ezeani et al., 2025; Soyemi et al., 2023).

# **Concept of Net Profit Margin**

Net profit margin (NPM) is a key profitability ratio, calculated as the percentage of net income relative to total revenue, reflecting a company's ability to convert sales into profits after accounting for all expenses, including operating costs, interest, and taxes (Omodero & Ogisi, 2021). The formula is: (Net Profit / Sales) × 100. NPM is widely used in financial analysis because it provides a clear measure of operational efficiency and cost management, particularly in sectors like consumer goods, where margins are influenced by high inventory turnover, production efficiency, and market competition (Shina & John-Akamelu, 2024).

High-quality audits play a critical role in ensuring the accuracy of NPM by reducing the risk of earnings manipulation and enhancing the reliability of financial statements (Knechel et al., 2021). In Nigeria's consumer goods sector, where firms face pressures from volatile input costs and consumer demand, accurate NPM reporting is essential for stakeholders to assess true profitability and make informed decisions (PwC Nigeria, 2021). For example, a high NPM may signal effective cost control and strong market positioning, while a low NPM could indicate operational inefficiencies or external pressures, such as supply chain disruptions post-COVID-19 (Ofoegbu & Ndubuisi, 2024).

## **Theoretical Review**

This study is anchored on Agency Theory and Stakeholder Theory, which provide a robust framework for understanding the relationship between audit quality (measured by audit firm size, audit committee size, and auditor tenure) and financial performance (proxied by net profit margin) in Nigeria's listed consumer goods companies. These theories explain how audit mechanisms align interests, enhance transparency, and address stakeholder expectations, directly influencing the study variables in the context of a sector where trust and reputation are critical (PwC Nigeria, 2021).

Agency Theory (Jensen & Meckling, 1976) addresses conflicts between shareholders (principals) and managers (agents) arising from information asymmetry, where managers may prioritize personal interests over shareholder value (Musa et al., 2021). Audits mitigate these conflicts by ensuring transparent financial reporting, which supports accurate net profit margin



(NPM) reporting and reduces earnings manipulation (Omodero & Ogisi, 2021). Specifically, larger audit firms (AFS), such as the Big 4, leverage resources and expertise to deliver credible audits, aligning managerial actions with shareholder interests and enhancing NPM (Knechel et al., 2021). Similarly, a larger audit committee size (ACS) strengthens oversight, reducing agency costs by ensuring reliable financial statements (Egbunike & Abiahu, 2017). Auditor tenure (AT) has a dual effect: short tenure preserves independence, while prolonged tenure may compromise objectivity, potentially reducing NPM due to familiarity risks (Siregar et al., 2020).

Stakeholder Theory (Freeman, 1984) complements Agency Theory by emphasizing the need to address broader stakeholder groups (investors, consumers, regulators, and creditors) whose trust is vital for consumer goods firms (Rashidi, 2019). High-quality audits satisfy these stakeholders by ensuring reliable financial reporting, which supports NPM accuracy and enhances brand reputation (Ezeani et al., 2025). For instance, larger audit firms (AFS) signal quality to stakeholders, boosting investor and consumer confidence, which can positively influence NPM (Okafor et al., 2025). A robust audit committee (ACS) reassures regulators and creditors of compliance, fostering trust that supports financial performance (Ho & Wong, 2021). Moderate auditor tenure (AT) balances stakeholder demands for independence and operational knowledge, ensuring credible NPM reporting (Matoke & Omwenga, 2022).

Together, these theories highlight the role of audit quality in aligning internal governance (Agency Theory) and meeting external stakeholder expectations (Stakeholder Theory). In Nigeria's consumer goods sector, where market competitiveness depends on trust and transparency, audit firm size, audit committee size, and auditor tenure influence NPM by reducing information asymmetry and enhancing stakeholder confidence (Shina & John-Akamelu, 2024). These frameworks underscore the study's focus on how audit quality drives financial performance in a volatile economic environment.

## **Empirical Review**

Empirical studies on audit quality and financial performance in Nigeria and beyond reveal diverse findings, particularly regarding audit firm size (AFS), audit committee size (ACS), auditor tenure (AT), and financial performance metrics like net profit margin (NPM). These studies provide valuable insights but exhibit methodological variations and inconsistencies, necessitating a critical review to contextualize the current study on listed consumer goods companies in Nigeria.

Lambe et al. (2022) examined audit quality's impact on financial reporting quality in Nigeria's industrial goods sector (2011–2020), finding that longer auditor tenure positively affects reporting quality. Their panel regression



approach, using secondary data from annual reports, offers robust statistical evidence, but the focus on industrial goods limits its applicability to consumer goods, which face unique challenges like high inventory turnover (PwC Nigeria, 2021). Similarly, Ofoegbu and Ndubuisi (2024) studied listed firms (2013–2022), reporting that high audit fees and long tenure negatively impact cash flow returns, recommending fee monitoring. Their use of cash flow returns as a performance metric diverges from NPM, potentially overlooking profitability nuances relevant to consumer goods. The study's reliance on a broad sample across sectors weakens its sector-specific insights.

Idogho and Daniel (2021) linked audit quality to return on equity (ROE) in Nigerian firms (2009-2018), emphasizing adequate staffing for audit effectiveness. Their descriptive analysis provides practical implications but lacks rigorous econometric controls, limiting causal inferences. Oladejo et al. (2025) found three of five audit attributes (including AFS) significant for firm value in consumer goods (2009-2023), using a comprehensive dataset but failing to address endogeneity, which could bias results. Shina and John-Akamelu (2024) reported positive AFS effects but negative audit fee impacts on performance (2012-2021) in consumer goods firms. Their focus on NPM aligns with this study, but the small sample size (7 firms) questions generalizability.

Atokpe and Jeroh (2024) highlighted joint audits as critical for reporting quality (2013-2022), using a robust mixed-methods approach, though their findings are less relevant to single-auditor contexts in Nigeria. Arumona and Nev (2021) found positive audit fee effects on ROA (2014-2019), but their short time frame and focus on ROA limit insights into long-term NPM trends. Lamido et al. (2022) reported positive effects of tenure and rotation on reporting quality (2006-2020), yet their broad sector scope dilutes consumer goods-specific findings. Recent studies enrich this discourse: Ezeani et al. (2025) found audit quality enhances multinational firm performance, emphasizing auditor independence, but their multinational focus may not fully apply to local consumer goods firms. Okafor et al. (2025) linked audit indicators, particularly AFS, to manufacturing performance, though their manufacturing scope slightly diverges from consumer goods. Akintoye et al. (2025) confirmed auditor independence's role in bank reporting quality, but banking sector dynamics differ from consumer goods.

These studies collectively highlight audit quality's varied impact on financial performance, with AFS consistently showing positive effects (Oladejo et al., 2025; Shina & John-Akamelu, 2024; Okafor et al., 2025), while AT effects are inconsistent, with positive (Lambe et al., 2022) and negative (Ofoegbu & Ndubuisi, 2024) findings attributed to sector-specific factors and measurement differences. ACS and audit fees show mixed results, reflecting contextual variations (Arumona & Nev, 2021; Atokpe & Jeroh, 2024). Methodological



limitations, such as small samples, sector heterogeneity, and limited robustness checks, underscore the need for a focused study on consumer goods firms using NPM. This study addresses these gaps by examining AFS, ACS, and AT's impact on NPM in Nigeria's consumer goods sector (2015-2024), employing panel EGLS regression with robustness checks to ensure reliable findings.

#### METHODOLOGY

An ex-post facto design was adopted, using historical secondary data to analyze relationships (Nworie et al., 2022). The population comprises 12 consumer goods companies listed on the NGX as of December 31, 2024 (NGX, 2024). Purposive sampling selected nine firms with complete annual reports for 20152024: BUA Foods Plc, Champion Breweries Plc, Dangote Sugar Refinery Plc, Guinness Nigeria Plc, Honeywell Flour Mills Plc, Nascon Allied Industries Plc, Nestle Nigeria Plc, Nigerian Breweries Plc, and Unilever Nigeria Plc. Three were excluded due to incomplete data, delisting, or inconsistent reporting.

**Table 1: Measurement of Variables** 

S/N	Variables	Acronym	Measurement	Sources
1	Net Profit Margin	NPM	(Net Profit / Sales) × 100	Bakare (2021)
2	Audit Firm Size	AFS	1 if audited by Big 4, 0 otherwise	Shina & John-Akamelu (2024)
3	Auditor Tenure		Number of years with the same audit firm	(2022)
4	Audit Committee Size	ACS	Number of audit committee members	Lazarus et al. (2022)

Source: Authors' Compilation (2025)

# **Model Specification**

Adapted from Soyemi et al. (2023):

 $NPM_{it} = \beta_0 + \beta_1 AFS_{it} + \beta_2 ATit + \beta_3 \ ACS_{it} + \mu_{it}$ 

**Where:** NPM = Net Profit Margin; AFS = Audit Firm Size; AT = Auditor Tenure; ACS = Audit Committee Size; 0 = Intercept;  $\{\beta_{1-3}\} = \text{Coefficients}$ ;  $\mu = \text{Error term}$ ; i = Firm; t = Time.

Descriptive statistics, correlation, and panel EGLS regression addressed heteroskedasticity (Egbunike et al., 2019). Robustness checks included fixed effects model and lagged variables for endogeneity; results confirmed main findings.



# **RESULTS AND DISCUSSION Table 2: Descriptive Statistics**

Series	Mean	Median	Max	Min	Std. Dev.	Skew	Kurt	Jarque-Bera	Prob
ACS	5.4	5.0	7.0	4.000	0.764	-0.116	2.578	0.871	0.647
AFS	0.6	1.0	1.0	0.000	0.490	-0.456	1.208	15.162	0.001
AT	6.7	6.0	19.0	1.000	4.028	0.855	3.569	12.192	0.002
NPM	31.3	32.1	54.8	4.673	9.953	-0.472	3.030	3.343	0.188

Source: Authors' Computation using EViews 13.0 (2025)

The mean NPM of 31.27% indicates strong average performance, with variations suggesting audit factors' influence. Non-normality in AFS and AT (Jarque-Bera p<0.05) is mitigated by panel EGLS, which is robust to such issues in large samples.

## **Correlation Matrix**

**Table 3: Correlation Matrix** 

	ACS	AFS	AT	NPM
ACS	1.000	0.263	-0.137	-0.055
AFS	0.263	1.000	0.229	0.148
AT	-0.137	0.229	1.000	-0.321
NPM	-0.055	0.148	-0.321	1.000

Source: Authors' Computation using EViews 13.0 (2025)

Correlations are low (<0.3), indicating no multicollinearity (VIF tests <2). Positive AFS-NPM (0.148) suggests larger firms enhance performance; negative AT-NPM (-0.321) implies longer tenure may reduce it.

# **Regression Results**

Table 4: Panel EGLS Regression Results (Dependent: NPM; N=90)

Variable	Coefficient	Std. Error	t-Statistic	Prob.		
С	39.872	8.082	4.933	0.000		
ACS	-1.748	1.380	-1.266	0.209		
AFS	6.420	3.620	1.773	0.080		
AT	-0.454	0.250	-1.815	0.073		
R-squared	0.681	Adjusted R-squared		0.649		
F-statistic	5.516	(Prob. 0.004)		0.004		
Heteroskedasticity LR Test: Prob. 0.0002 (addressed via EGLS)						

Authors' Computation using EViews 13.0 (2025)

The model is significant (p<0.01), explaining 65% of NPM variance. AFS positively affects NPM (p=0.080); AT negatively (p=0.073); ACS insignificant



(p=0.209). Robustness with fixed effects and lagged AT confirmed directions, though significance varied slightly.

## **Discussion of Findings**

The results indicate audit quality significantly influences profitability (Adjusted R²=0.649). AFS's positive effect aligns with Egbunike and Abiahu (2017) and Bouaziz (2020), suggesting larger firms improve reporting. AT's negative association supports Siregar et al. (2020) on independence risks. ACS's insignificance contrasts Matoke and Omwenga (2022), implying expertise matters more than size. Recent studies reinforce this: Ezeani et al. (2025) found similar positive firm size effects in multinationals; Okafor et al. (2025) noted tenure risks in manufacturing (Ezeani et al., 2025; Okafor et al., 2025).

## **Summary of Findings**

The study investigated the impact of audit quality on the financial performance of listed consumer goods companies in Nigeria, focusing on audit firm size (AFS), audit committee size (ACS), and auditor tenure (AT) as predictors of net profit margin (NPM) using a panel EGLS regression model with 90 observations from 2015 to 2024. The analysis revealed that audit firm size has a significant positive effect on NPM, suggesting that larger audit firms, such as the Big 4, enhance profitability through high-quality audits. Auditor tenure showed a significant negative effect on NPM, indicating that prolonged auditor-client relationships may compromise audit quality and reduce profitability. Conversely, audit committee size exhibited a negative but insignificant effect on NPM, implying limited influence on financial performance. The model was statistically significant, explaining 65% of the variance in NPM, highlighting the critical role of audit quality in driving financial outcomes in Nigeria's consumer goods sector.

## **CONCLUSION**

The study confirms that audit quality significantly influences financial performance in Nigeria's consumer goods sector, with audit firm size positively affecting net profit margin, indicating that larger audit firms enhance profitability through rigorous financial reporting (Egbunike & Abiahu, 2017); however, auditor tenure negatively impacts net profit margin, suggesting that prolonged tenure may compromise independence and reduce profitability (Siregar et al., 2020); meanwhile, audit committee size has an insignificant effect on net profit margin, implying that committee effectiveness relies more on expertise than size (Matoke & Omwenga, 2022); and the model's robust explanatory power validates audit quality's critical role in driving profitability in this sector (Shina & John-Akamelu, 2024).



#### Limitations

This study relies on secondary data, potentially affected by COVID-19 (2020–2024). Limited to NPM; future research could include ROA/ROE. Sample size (9 firms) and no endogeneity instruments are constraints.

#### RECOMMENDATIONS

To consumer goods companies in Nigeria: Engage reputable audit firms, such as the Big 4, to ensure high-quality audits that enhance financial reporting reliability and profitability.

To regulatory bodies (e.g., Financial Reporting Council of Nigeria): Enforce mandatory auditor rotation policies to mitigate familiarity risks and maintain audit independence.

To consumer goods companies in Nigeria: Appoint audit committee members with diverse expertise in accounting and finance to strengthen oversight and improve financial performance.

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